

3-1-1,5b

The Real Me

Grade Level	Third
Minimum Time Required	30 Minutes
Materials/Resources	Worksheet
Subject Area(s)	Guidance

Project Description:

1. Begin with an energizer such as: "I like people who..."
2. Distribute the attached sheet to each student.
3. Together read and work through the top items.
4. Let students individually complete (at least) five sentences.
5. Students may share if they choose and if time permits.

Career Development Standard	Knowledge of the importance of self concept.
Career Development Indicator	Describe characteristics about self as seen by self and others. Identify personal interests, abilities, strengths and weaknesses.
Delivery Level	Review
Academic Standards	
Language Arts	2.1.a Apply fundamental conventions of language in written work. 4.1.b Present oral information in a clear and organized manner.
Employability/SCANS Skills	Personal Qualities Basic Skills Thinking Skills
Assessment/Rubric	Students will be able to describe three characteristics about themselves.

Submitted by: NCDG Elementary Group

My Name: _____

Check the Best Answer

I am
_____slow as a turtle
_____fast as a rabbit

I am
_____an indoor person
_____an outdoor person

I am
_____noisy as a firecracker
_____quiet as a mouse

I am
_____neat and clean
_____kind of messy

I am more
_____silly
_____serious

I eat like a
_____bird
_____horse

The time I like best is
_____morning
_____night

I am
_____right-handed
_____left-handed

I am
_____ticklish
_____not ticklish

My hair is
_____long
_____medium
_____short
_____straight

My face has
_____no freckles
_____a few freckles
_____curly
_____lots of freckles

I usually
_____wear glasses
_____do not wear glasses

Finish Each Sentence

1. I love to
_____.
2. I used to
_____.
3. I do not like to
_____.
4. I want to
_____.
5. I have never
_____.
6. I wonder
_____.
7. I worry
_____.
8. I get into trouble when I
_____.
9. The best thing about being me
_____.
10. I like to dream about
_____.